Aspects of a Healthy Relationship

Green flags of dating!

Always be assertive

Sometimes telling people what you want can be uncomfortable, but it's necessary.

Trust your instincts

If a situation makes you feel uncomfortable, try to be calm and think of a way to remove yourself. Trust your gut!

Thoughts can be expressed openly

You should feel safe to express thoughts and needs to your partner, even if it means refusing to give them something they want.

Space and privacy are your right

Being able to spend time away from your partner is a sign of a healthy relationship. Both people should have their own friends/hobbies. You have the right to keep things private.

Teen Dating Violence Resources

Love is Respect – Teen Dating Violence

- Healthy relationship information specifically for teens
- https://www.loveisrespect.org/
- Text LOVEIS to 22522
- 1-866-331-9474

Break the Cycle

- Focuses on dating abuse and healthy relationships
- https://www.breakthecycle.org/

Lorain County Safe Harbor

- Domestic violence agency
- https://www.genesishouseshelter.org/
- **24/7 Crisis Hotline:** (440) 244-1853 x1